



Patient Pre-Screen Information

Screening with Digital Infrared Thermal Imaging

Purpose of test:

Early detection of abnormal changes in the breasts, lymphatic system and other areas of the body that may require or may not require further diagnostic testing (depending upon the findings via medical interpretation).

Patient preparation:

- ☼ You must wait at least three months after major breast surgery, completion of chemotherapy, or radiation before a thermal exam.
- ☼ You must wait at least one month after a biopsy or minor surgery
- ☼ Avoid tanning or sunburn for at least one week before the exam
- ☼ Do not eat one hour prior to your exam
- ☼ Do not eat or drink caffeinated products two hours prior to your exam
- ☼ Do not smoke or use any products containing nicotine two hours prior to your exam
- ☼ Do not exercise at least 12 hours prior to your exam
- ☼ Do not use lotions, powders, or deodorants the day of your exam
- ☼ Avoid taking any medications or supplements on the day of your exam if possible
- ☼ No alcohol for at least two days prior to your scan. Too much alcohol will affect hormone levels which will show up in your scan.
- ☼ Please wear loose fitted clothing
- ☼ For Half Body or Full Body Scans, hair will need to be pulled up off the neck, face/forehead (we have disposable hair supplies for your convenience)
- ☼ Please inform your Thermography Technician about any recent skin lesions or bruising, rosacea or any other skin disorders as it may cause false positives on reports.
- ☼ Please note that the camera will not be able to see through thick hair such as thick chest hair, thick body hair, thick shoulder/back hair. Please shave closely at least 3 days prior to your scan. (This seems apply more for men than women).

Procedure:

- ☼ To receive accurate results, the equilibrating time is 15 minutes and temperature is between 68-72 degrees.
- ☼ You will be asked to disrobe according to the type of scan chosen; the images, again depending on the type of study being done, will take approximately 20 – 45 minutes.

Patient Forms:

- ☼ To ensure the appropriate allotted time is allowed for your appointment, please print and complete the following patient forms and bring with you to your appointment.



SCOTTSDALE
8075 E. Morgan Tr., Suite 2 | Scottsdale, AZ 85258
Ph: 480.284.2222

PATIENT CONSENT FORM

NAME:		DOB:	
ADDRESS:		CITY/ST/ZIP:	
CELL PHONE:		HOME PHONE:	
EMAIL:		HOW DID YOU FIND US?:	
PHYSICIAN'S INFO:			

SELECT SCAN: ☐ Breast Scan ☐ Half Body Scan ☐ Full Body Scan ☐ Spot View(s)

According to a study in the American Journal of Radiology Jan. '03, Thermography is 97% sensitive in detecting breast cancer. In comparison, mammography can only detect 35% of breast cancers (New England Journal of Medicine July '04, Lancet May '05, Journal of the American Medical Association September '04).

____ I understand that the report generated from my images is intended for use by a trained healthcare provider to assist in evaluation, diagnosis and treatment. I understand the report is not intended for use by individuals for self-evaluation, diagnosis or treatment.

____ It is further understood that my thermal images are a unique personal fingerprint and that abnormal patterns can only be determined to be abnormal both by use of comparison of left and right sides of my body and also by examining changes over time. To establish a baseline, it is recommended that a repeat exam is done within three to six months to make an interval comparison. New examinations at one year intervals will be the norm and will reveal any interval abnormalities. The initial exams will be kept on file for immediate comparison.

____ I understand the report will not tell me whether I have an illness, disease, cancer or other condition but will be an analysis of the images with respect only to the thermographic findings of the areas discussed in the report. No diagnosis of malignant disease can be made without a biopsy of the mass or lump regardless of the type of scan.

____ I hereby authorize De Novo Scan and any of its employees to disclose my patient health information to Physician's Insight, the group of physicians interpreting my thermal images. I agree that if the initial exams are highly suspicious for a potential serious problem to accept advice for a referral to traditional imaging methods such as ultrasound (also non-invasive with zero radiation), mammography, breast MRIs or PET scans. A structural evaluation by one of these modalities is needed.

____ I understand that I have the right to: inspect a copy of patient health information being used or disclosed under federal law; receive a copy of this authorization; restrict what is disclosed with this authorization. I also understand that if I do not sign this document, it will not condition my treatment, payment, enrollment in health plan or eligibility for benefits whether or not I provide authorization to use or disclose protected patient health information.

____ I understand that my report will be sent to me via electronic mail (email). If by chance an email address is not available, my report will then be sent to me via US postal service. I also acknowledge that there is a fee of \$10.00 should I need an additional printed copy of my report.

____ I understand that a Superbill will be provided to me upon request and that my insurance may not cover my procedure.

By signing below, I acknowledge and certify that I have read and understand the statements above and consent to the examination. I also authorize the release of information to the reading doctor and the receipt of information from the reading doctor in the pursuit of comprehensive evaluation and treatment relating to the services provided by De Novo Scan and Physicians Insight.

Signature: _____ **Date:** _____

Print Name: _____

Confidential Questionnaire

Women's Comprehensive Full Body

Name _____ Birth Date _____ Today's Date _____

Address _____ City _____ State _____ Zip _____

Phone Number (home) _____ (cellular) _____ (work) _____

Email _____ Physician's Name _____

All information given in the questionnaire will remain strictly confidential and will only be divulged to the reporting thermologist and any other practitioner that you specify.

Yes No

Head & Neck

1. Do you suffer with headaches?

If yes, once a month or less ____ more than once a month ____

2. Do you have known allergies? Food ____ Environmental ____

3. Do you have TMJ or does your jaw click?

4. Do you currently have a cold?

5. Are you being treated for a thyroid disorder? Type _____

6. Do you have neck pain?

7. Do you have upper back pain?

8. Do you have a known history of carotid artery disease?

9. Do you have a family history of stroke?

10. Do you currently suffer with sinus problems?

11. Do you have history of dental problems?

Root canals ____ Gum disease ____ Implants ____

Non-replaced extractions ____ Dentures ____

12. Have you had dental cleaning in the past 7 days?

Do you have any special concerns or are there any details related to the information above?

Breasts

Is there a specific reason or concern for this breast exam?

			Yes	No
1. Have you recently had any of these breast symptoms? (Mark only if "yes")			___	___
	LT	RT		
Pain/Tenderness	___	___		
Lumps	___	___		
Change in breast size	___	___		
Areas of skin changes thickening or dimpling	___	___		
Excretions or changes of the nipple	___	___		
2. Are any of the above symptoms cycle related?			___	___
3. Are you still having your periods? If yes, start date of last period ___/___/___			___	___
4. Have you had a surgical hysterectomy?			___	___
If yes, date_____	Complete ___	Partial ___		
Reason for hysterectomy:				
○ Excess bleeding ○ Endometriosis ○ Fibroid cysts ○ Cancer ○ Other				
5. Has anyone in your family ever been treated for breast cancer?			___	___
If yes, note age and survival ○ Mother ○ Grandmother ○ Sister ○ Daughter				
Age diagnosed _____ Result of Treatment_____				
6. Have you ever been diagnosed with breast cancer?			___	___
If yes, date Month _____Year_____				
Cancer type ○ Local ○ Metastatic ○ Lymph node involvement				
Left breast ○ Inner ○ Outer ○ Nipple				
Right breast ○ Inner ○ Outer ○ Nipple				
Treatment ○ Surgery ○ Chemo ○ Radiation ○ None				
7. Have you ever been diagnosed with any other breast disease?			___	___
If yes, Cysts/fibrocystic ___ Fibro Adenoma ___				
Mastitis/inflammatory breast disease ___				
8. Have you had any cosmetic breast surgery or implants?			___	___
If yes, date_____ ○ Silicone ○ Saline				
Experience: ○ Problems ○ No problems				

	Yes	No
9. Have you ever had any biopsies or any other surgeries to your breasts	___	___
If yes, date _____		
Left breast <input type="radio"/> Inner <input type="radio"/> Outer <input type="radio"/> Nipple		
Right breast <input type="radio"/> Inner <input type="radio"/> Outer <input type="radio"/> Nipple		
Results <input type="radio"/> Negative <input type="radio"/> Positive <input type="radio"/> Calcifications		
10. Have you ever taken contraceptive pills for more than one year?	___	___
If yes, <input type="radio"/> Currently <input type="radio"/> Less than 5 years <input type="radio"/> More than 5 years		
11. Have you had pharmaceutical hormone replacement therapy (HRT)?	___	___
If yes, <input type="radio"/> Currently <input type="radio"/> Less than 5 years <input type="radio"/> More than 5 years		
12. Do you have an annual physical examination by a doctor?	___	___
13. Do you perform a monthly breast self exam?	___	___
14. Have you ever smoked?	___	___
15. Have you ever been diagnosed with diabetes?	___	___
16. Total mammograms _____		
17. Date of last mammogram _____ Were you re-called?	___	___
18. Your age at your first mammogram: _____		
19. Number of full term pregnancies: _____		
20. Have you had breast ultrasound?		___

 If yes...Date:___/___ Left ___ Right___ Results: Negative___ Positive ___

21. Have you had breast MRI?	___	___
If yes...Date:___/___ Left ___ Right___ Results: Negative___ Positive ___		

Chest, Heart & Lungs

	Yes	No
1. Have you been diagnosed with:		
Heart disease?	___	___
Lung disease?	___	___
Upper spine disorders?	___	___
2. Do you suffer with upper back pain?	___	___
3. Do you suffer with chest pain?	___	___
4. Have you ever had surgery to your:		
Heart?	___	___
Lungs?	___	___
Mid to upper back?	___	___
5. Do you have asthma or shortness of breath?	___	___
6. Do you currently smoke?	___	___
7. Have you smoked in the past 5 years?	___	___

Abdomen & Lower Back

	Yes	No		Yes	No
1. Do you suffer with acid reflux or other digestive problems?	Yes___	No___	Have you had surgery or disease in the:		
2. Do you suffer pain in the:			Stomach?	Yes___	No___
Stomach?	Yes___	No___	Spleen(Upper Left) ?	Yes___	No___
Below R Breast?	Yes___	No___	Liver(Upper Right) ?	Yes___	No___
Below L Breast?	Yes___	No___	Kidneys ?	Yes___	No___
Abdomen?	Yes___	No___	Intestines ?	Yes___	No___
Lower Back?	Yes___	No___	Abdomen ?	Yes___	No___
Pelvic Region?	Yes___	No___	Lower Back?	Yes___	No___
			Pelvic Region?	Yes___	No___

3. Have you consumed alcohol in the past 24 hours?

Yes___ No___

Legs & Feet

Check only if "Yes"

1. Do you suffer pain in the:	2. Have you had Surgery to:
Leg? LT___ RT___	Leg? LT___ RT___
Sciatica LT___ RT___	Sciatica? LT___ RT___
Buttocks/Hip? LT___ RT___	Buttocks/Hip? LT___ RT___
Knees? LT___ RT___	Knees? LT___ RT___
Ankles? LT___ RT___	Ankles? LT___ RT___
Feet? LT___ RT___	Feet? LT___ RT___

Arms & Hands

(Check only if "yes")

1. Do you suffer with pain in the:	LT	RT	2. Have you had surgery to:	LT	RT
Shoulder?	___	___	Shoulder?	___	___
Elbow?	___	___	Elbow?	___	___
Arm?	___	___	Arm?	___	___
Hands?	___	___	Hands?	___	___

Do you have any special concerns or are there any details related to the information above?

Procedure: You will be imaged with a state of the art infrared imaging camera in comfortable and controlled surroundings. Your thermal imaging baseline reports will provide information about current and future conditions only and does not diagnose breast disease. Thermal imaging should be correlated with other medical investigative methods to better direct definitive testing for diagnosis and treatment. It does not replace any other breast examination.

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By signing below, I certify that I have read and understand the statement above and consent to the examination.

Patient Signature_____Today's Date_____